 

# Welcome Back http://s3.amazonaws.com/coolchaser.com/thumb-22998421.jpg

**Tilton Tiger Shout-Out**

**We are the Tigers**

We are the Tigers

**A Team of Tilton Tigers**

A Team of Tilton Tigers

**At home & at school**

At home & at school

**We follow every rule**

We follow every rule

**Through work & through play**

Through work & through play

**We learn every day!**

We learn every day!

**Kindness is important,**

Kindess is important,

**Respect is too.**

Respect is too.

**You are friends with me.**

You are friends with me.

**I am friends with you.**

I am friends with you.

**We are the Tigers**

We are the Tigers

**A team of Tilton Tigers**

A team of Tilton Tigers

**Together: “Yah!”**

Happy Fall 2016 from Ms. Hostetter and the Tilton Faculty. School is back in session here at Tilton, and we hope you and your families had an excellent and relaxing summer! We hope you are settling back into the school routine and are as excited as I am for a new school year. In this newsletter, updated each trimester, you will find important dates and events.

I will be involved in individual and group meetings, as well as classroom guidance and instruction with our wonderful Tilton Tigers to ensure this is a fun and successful school year!

I am excited to continue entering our Tilton classrooms for our Second Step classroom curriculum, which is geared to teach and reinforce skills that aid in developing Social and Academic Success. Along with support and implementation from our wonderful classroom teachers, Second Step will be implemented to every class in all grades at Tilton!

Your School Guidance Counselors are best reached through email but can also be reached by phone. Please feel free to contact us with any questions or concerns, as well as to schedule appointments or meetings.

**Ms. Hostetter: Grades 1-4 School Counselor**

**Email**: Meagan.hostetter@haverhill-ps.org

**Phone:** (978)374-3475

**Fax:** (978)374-3440

Haverhill

Public

Schools

## School Guidance Counselor

## Contact Information



Fall 2016 Edition Newsletter

School Counselor: Meagan Hostetter

Tilton Elementary School

School Counseling Department

**November Dates to Remember:**

**11/8: Election Day-NO SCHOOL**

**11/11: Veterans Day-NO SCHOOL**

**11/20: SANTA PARADE 1PM**

**11/23: Thanksgiving Recess HALF DAY**

**11/24: Thanksgiving Recess NO SCHOOL**

**11/25: Thanksgiving Recess NO SCHOOL**

**11/29: End of 1st trimester**

**December Important Dates to Remember:**

12/9: Report cards issued

12/14: K-8 parent/teacher conferences

12/23: Winter Recess Early Release Day

12/24-1/2: Winter Recess NO SCHOOL

September & October Dates to Remember:

9/12: Map testing begins

9/14: Picture Day!

10/7: Early release day

10/10: Columbus Day-NO SCHOOL!

10/12: Progress reports issued

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I look forward to a wonderful 1st Trimester with your Tilton Tigers!

 Thank you,

 Ms. Hostetter

**Elementary Tips from Ms. Hostetter**

**Tips for beginning an excellent school year:**

1. **Get lots of rest**: Setting up a regular bed time and wake up routine is crucial for reducing stress and is crucial for setting your child up for success!
2. **Talk about it:** Talk to your child about why school is important. The more you show your child how much you value education, the more your child will see the importance of making school a priority.
3. **Involve your child in daily routines:** Let your child pick out (or help you pick out!) his or her outfit the night before school, choose a spot for their backpack or help pack lunch. Giving your child small things to be responsible for now will help him or her become more independent later!
4. **Set a regular Schedule for completing homework:** Helping your child with homework and making it a priority is an effective way to show interest in what he or she is learning at school.
5. **Communicate:** Talk to your child’s teacher and alert them about any changes that may affect him or her at school. Your child’s teacher can also alert you to anything that may be happening with your child in school.

**Social Skills Moment:**

Appropriate social skills can be modeled at home! Encourage empathy at home; empathy is reinforced when parents model it. When parents positively demonstrate sharing their feelings in authentic, engaged and non-judgmental ways, kids ten to imitate or mirror the intention and emotional state of what they see.

Model respectful relating. Remember that your child will treat others as you treat them. In addition to the obvious everyday respect, that means that you give him or her criticism in private, not in front of others, including his or her friends. This means that you have to find tactful ways to talk to your young child and other kids about the way they are treating each other, to help them work out difficulties when they play together.

**Helpful resources:**

**Ahaparenting.com Education.com ShyKids.com Parents.com**

**“Children are likely to live up to what you believe of them.”**

 **-Lady Bird Johnson**

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